

CENTER FOR Behavioral Health + Smart Technology

The HealthTech Weekly

September 18, 2018

Spotlight on: Kurt Kroenke, MD



Next week, the <u>Center for Behavioral Health and Smart Technology</u> will host <u>Dr. Kurt Kroenke</u>, Chancellor's Professor of Medicine at Indiana University. Join us for his two presentations and read more about his work below!

"The PHQ and Other Patient-Reported Outcomes to Improve Care"

Monday, September 24, 12-1 pm

3609 Forbes Conference Room

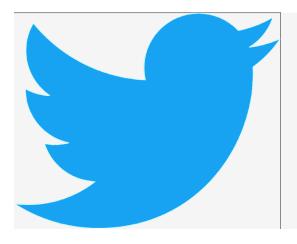
"A Practical and Evidence-Based Approach to Common Symptoms"

Department of Medicine Grand Rounds
Tuesday, September 25, 12-1 pm
7th Floor UPMC-MUH LHAS auditorium

Dr. Kroenke's research focuses on evaluation and management of common physical symptoms and mental disorders in primary care. In addition to developing a number of patient-reported outcome measures including the PHQ-9 and GAD-7, the Society of General Internal Medicine recently awarded him the 2018 Glaser Award for his "tremendous impact" on primary care. See a preview of our interview with Dr. Kroenke below, visit our website for the full interview, and join us next week to learn more about his work!

Julia: Your research is focused on evaluating and managing symptoms. Can you explain what drew you to this research and why it is important?

Kurt: In a single word, I was drawn to symptoms. Much of what we're trained as doctors to deal with and research is *diseases*. There are many symptoms, including pain, headache, trouble sleeping, that don't match up clearly with just one disease. I was initially drawn as a primary care physician because, while my training as a medical student and resident focused more on diseases, many of my patients were coming in complaining of symptoms. There was a deficit there, and I was interested in addressing it. My early work focused on the reasons patients came in with common symptoms, how often symptoms get better on their own, and the role of testing and evaluations.



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