



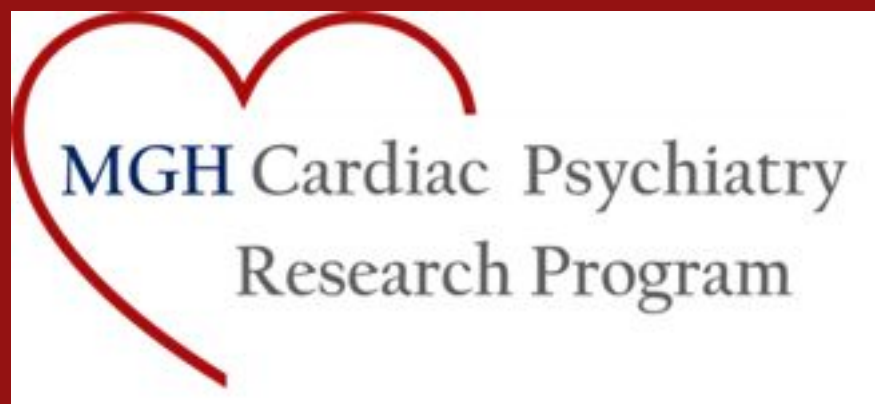
UNIVERSITY OF PITTSBURGH
CENTER FOR
Behavioral Health +
Smart Technology

The HealthTech Weekly

June 4, 2018

Spotlight on Chris Celano, MD

Dr. Celano is Associate Director of the Cardiac Psychiatry Research Program at Massachusetts General Hospital and Assistant Professor in Psychiatry at Harvard Medical School. His NIH-funded research focuses on treating psychiatric illnesses among patients with cardiovascular disease and utilizing positive psychology to promote healthy behaviors.



See a preview of the Center's interview with Dr. Celano below and visit our website to [read the full interview!](#)

Julia Holber (Associate Center Director): You are the Associate Director of the Cardiac Psychiatry Research Program (CPRP). What is the CPRP and what does it aim to accomplish?

Dr. Celano: The CPRP was started by my mentor, Dr. Jeff Huffman, CPRP Director and Director of Inpatient Psychiatry Research at Mass General, who is very interested in the links between mental and cardiovascular health. Its aim is to promote mental and physical health among patients with or at risk for heart disease. Depression and anxiety are extremely common in the general population, but they are about twice as common among patients with heart disease. We know that these psychiatric illnesses are associated with repeated hospitalizations, poor functioning, and an increased risk of dying sooner. We want to identify and treat these patients and get their psychiatric illnesses under control, and hope that we can make these patients feel and function better psychiatrically and in terms of their cardiovascular health and all aspects of their lives.

Dr. Celano will be speaking at the
Health Services Research Seminar Series
on Thursday, June 7th.
We hope you will join us!

Thursday, June 7, 2018
12:00-1:00 PM
Parkvale Building, Room 305

Christopher M. Celano, M.D.
Associate Director,
Massachusetts General Hospital Cardiac Psychiatry Research Program
Assistant Professor of Psychiatry, Harvard Medical School

"Is a happy heart a healthy heart? The evidence for well-being's links to heart health."



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