

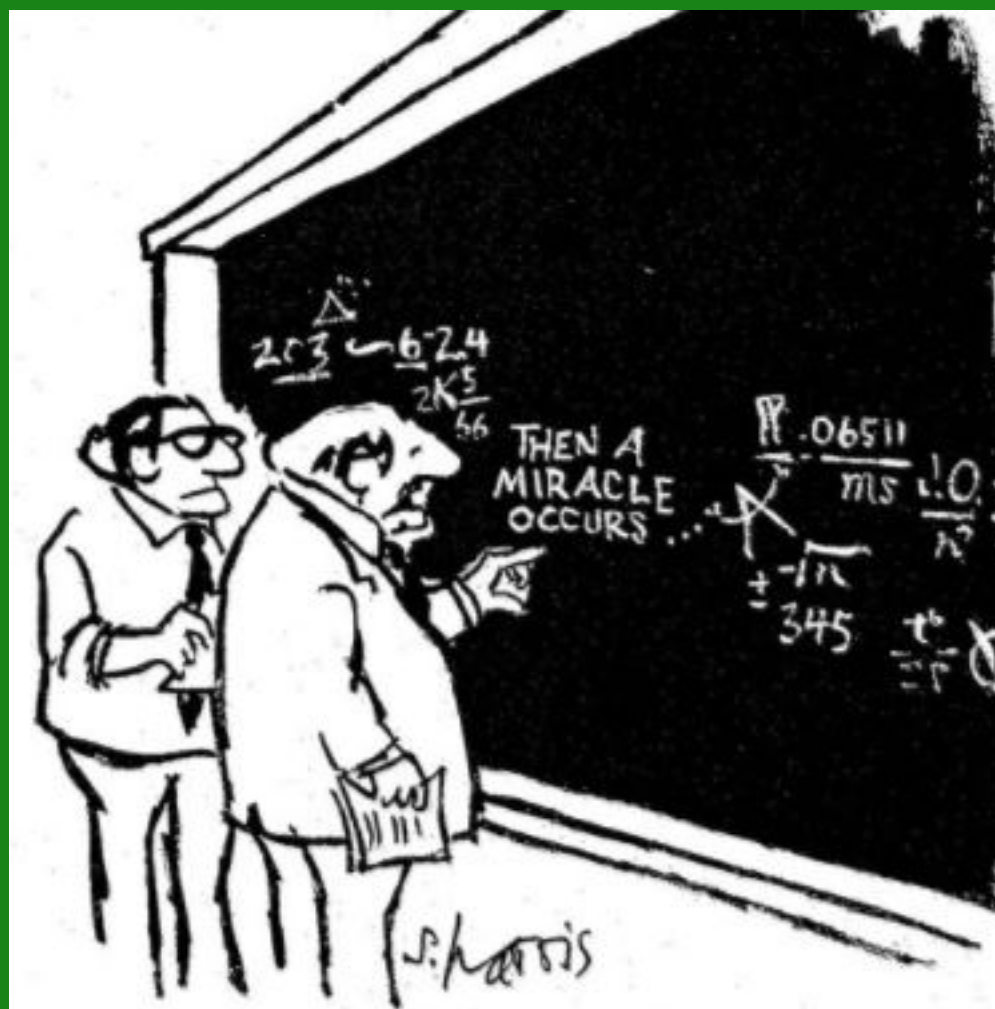


UNIVERSITY OF PITTSBURGH
CENTER FOR
Behavioral Health +
Smart Technology

The HealthTech Weekly

January 26, 2018

The *Online Treatment Trial* Demystified



"I THINK YOU SHOULD BE
MORE EXPLICIT HERE IN STEP TWO."

Do you have trouble figuring out how a successful intervention was delivered even after reading the published paper?

Dr. Bruce Rollman, Center Director and PI of the *Online Treatment Trial* published in this month's *JAMA Psychiatry* hopes to demystify his team's interventions using podcasts.



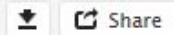
Listen to OT Trial Podcasts on SoundCloud [here.](#)

Listen to Dr. Chip Reynolds, Distinguished Professor of Psychiatry, interview OT care managers, Amy Anderson and Christopher Wiltrot, on how they engaged depressed and anxious primary care patients with the *Beating the Blues* computerized cognitive behavioral therapy program, study Internet support group, and much more.



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Online Treatment for Mood and Anxiety Disorders

Visit the OT Trial website to listen to the full playlist of podcasts [here](#).



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healthtechpitt@upmc.edu) relevant articles, events,
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—Dr. Bruce Rollman & the HealthTechPitt Team



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